

The Official Newsletter of

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... *building partnerships to raise
drug-free successful youth*

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Conference Addressed Issues of Club Drugs and Marijuana

The Kansas Grass Roots Conference on March 4 in Topeka, took attendees inside an undercover Drug Enforcement Administration (DEA) sting operation of a rave, explored the landscape of predatory and sexual assault drugs and exposed the deceitful efforts of the marijuana legalizers.

Special Agents Jeff Walsh from the DEA Training Academy in Quantico and Stan Jones from the DEA Office in Kansas City presented information about raves, club drugs and enforcement.

What is a rave? A rave is an all night dance party designed to enhance the euphoric experience through music, drugs and dancing. Many raves are promoted as "alcohol free" dance parties, so parents aren't suspicious of the event. The most common drugs sold at raves are Ecstasy, GHB, Rohypnol and Ketamine. These drugs have serious side effects which include brain damage, depression, anxiety, memory loss, learning disabilities, respiratory problems, extremely high body temperature, coma and even death.

Because these drugs increase sensitivity to touch, sight and smell, common paraphernalia used at rave parties include menthol nasal inhalers, Vicks Vapor Rub, eye drops, surgical masks, and glow sticks. Skittles, M&Ms, and other candy containers in which Ecstasy can be hidden frequently accompany these items. Ecstasy users suck on lollipops and pacifiers to prevent involuntary teeth clen-

ing. As the ravers suffer from excessive body heat and dehydration, the promoters will also sell expensively priced water, juice, sports drinks, and soft drinks and charge extra for air conditioned rooms.

One of the biggest successes of the DEA includes the case of the State Palace Theater in New Orleans. During the course of this investigation, DEA agents learned that over the past two years 400 to 500 teenagers and young adults had been treated at local emergency rooms for overdose-related illnesses following their participation in rave events hosted by the State Palace Theater. As in other operations, undercover agents made numerous purchases of controlled substances and filmed the distribution and use of numerous drugs.

Unfortunately raves are not just a big city problem anymore, now the growing trend is to hold raves out in rural areas. Promoters will make arrangements to use a field off the beaten path, then truck in all the lighting and sound equipment needed. An average rave party can bring in up to \$100,000 profit. With this amount of money to be made, many rave promoters have "hit the road", moving across the country.

Rave parties are promoted through the internet, other raves, word of mouth or through outlets where kids hang out, like record stores and video arcades.

Beyond educating attendees on the dangers of drugs in the rave scene, the Grass Roots Conference tackled the growing problem and common myths of marijuana.

Dr. Eric Voth, Chairman of the Institute on Global Drug Policy, presented information about the harmful effects of marijuana and the problems and challenges with legalization policies and harm reduction. He explained how many of the public's misconceptions about marijuana are driven and funded primarily by individuals and organizations seeking to legalize marijuana and other drugs.

The "legalizer" tactics usually fall into two categories, "Harm Reduction" and "Medical Use".

Harm reduction = harm production. The harm reduction argument is seriously flawed... "Would you teach children to wear a helmet while playing in the street?" asks Dr. Voth.

Many of the harm reduction policies actually brought upon higher rates of drug use with little or no reduction in harm. For instance, in a needle exchange program in Chicago, participants were given IV needles in an attempt to reduce their behavior of sharing them. Those who were given the needles actually had a 1% higher rate of sharing them than the average drug user. He also noted that suc-

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cess from any of these programs are from the reports of drug users, rather than independent evaluations of the programs.

Dr. Voth spoke about the medical use of marijuana movement or "medical excuse" as he calls it. This movement seeks to legislate what is defined as medicine by public vote and circumvent the process that all medicines must go through. These efforts jeopardize consumer protection and undermines our system for providing safety and efficacy of medications.

Several myths about marijuana were dispelled during the presentation, including two of the most common:

Myth: "Marijuana is harmless... a natural herb... healthier than tobacco."

Fact: Studies have shown that marijuana impairs attention and memory. One study revealed that students who smoked marijuana had 15% lower scores in math than nonsmokers. Marijuana contains 66 can-

nabinoids, five times the level of carbon monoxide and three times the level of tar than tobacco. It also contains several contaminants including: Salmonella, Klebsiella, Enterobacter, Group D Strep, Bacillus sp, Aspergillus and other fungi.

Myth: "Marijuana users are laid-back and their use doesn't harm anyone else."

Fact: Marijuana users are hazardous on the road, a debt to society and have higher rates of psychosis and violence. While using marijuana, drivers have reduced capacity to avoid collisions if confronted with the sudden need for evasive action. Marijuana users have higher incidents of unemployment, schizophrenia and four times more likely to suffer depression. Marijuana use is associated with weapons offences, homicides and reckless endangerment.

For more information raves, club drugs, marijuana or a listing of other upcoming conferences or trainings go to www.kansasfamily.com

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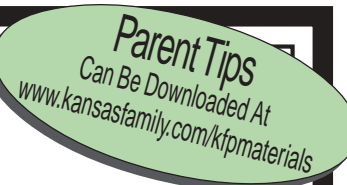
MAKE A DIFFERENCE

Talk With Kids About Alcohol

Parent Tip #5

Monitor children closely. Don't be an ostrich.

Everybody thinks their child is beyond taking drugs... nobody's beyond it. Know what your children are doing - their activities and how they spend their time. Know whom they are with and where they are. Your kids might not like your keeping tabs on where they are and what they're doing. Even good kids can get into trouble - parents need to trust but also verify. It's not pestering, it's parenting.



TO KEEP CHILDREN ALCOHOL FREE

1-800-206-7231
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"You've Got Drugs"

Prescription Drug Pushers on the Internet



NEW YORK, February 26, 2004 – According to a new White Paper* released by The National Center on Addiction and Substance Abuse (CASA) at Columbia University and Beau Dietl & Associates (BDA), dangerous and addictive controlled substances are easily available over the Internet without prescription to individuals of any age.

During a one-week analysis, BDA identified 495 Web sites advertising controlled prescription drug sales: 338 portal sites that led to another site for purchase of such drugs and 157 anchor sites that directly sold dangerous and addictive drugs. Drugs available over the Internet included opioids or painkillers such as OxyContin, Percocet, Darvon and Vicodin; stimulants such as Dexedrine, Ritalin and Adderall; and depressants such as Valium and Xanax.

Only six percent of the Web sites selling drugs said they required a prescription to complete a sales transaction and not a single site placed any restriction on the sale of these dangerous and addictive drugs to children.

Among the study's findings about the drug-selling Web sites:

- 94% did not require any prescription (41% stated no prescription was needed; 49% offered an "online consultation"; four percent made no mention of a prescription).

- Four percent requested a prescription be faxed.
- Two percent requested a prescription be mailed.

47% of the selling Web sites said drugs would be shipped from outside the U.S.; 28% said the drugs would be shipped from the U.S.; and 25% gave no indication where the drugs would be shipped from.

"These Internet pharmaceutical predators pose a dangerous and immediate threat to our children," said Joseph A. Califano, Jr., CASA's chairman and president and former U.S. Secretary of Health, Education and Welfare. "These drugs are as readily available to our children on the Internet as candy. Anyone – including children – can easily obtain addictive prescription drugs online without a prescription. All they need is a credit card, and if parents' credit card information is saved on a home PC, today's tech savvy kids will know where to find it."

"The wide availability of controlled prescription drugs on the Internet is an open floodgate of drugs of abuse and

the tide is rising ever higher," said Beau Dietl, chairman of Beau Dietl & Associates. "Access to controlled substances over the Internet is a fairly new phenomenon and laws and regulations have yet to catch up with it. The global nature of the Internet and the ease of creating sites, then making them vanish without a trace, make it extremely difficult to regulate. But Congress must act swiftly to strengthen laws to protect our children

from these Internet drug pushers."

"While state and federal governments struggle to close this wide open channel of distribution, a huge burden rests with parents," added Mr. Califano. "Our research demonstrates that parents who are actively engaged

in their children's lives, including monitoring Internet activities, have children far less likely to smoke, drink and use drugs. We urge parents to be vigilant over their children's use of the Internet and we urge Internet companies to do everything they can to block access to these Web sites."

*To see the report for yourself, go to <http://www.kansasfamily.com/Linkto/casareport.html>

"These Internet pharmaceutical predators pose a dangerous and immediate threat to our children."



The SADD Mobilizes campaign will mobilize SADD chapters to prevent impaired driving by bringing messages about enforcement to new and expanded audiences in the community.

By focusing the attention of citizens, businesses, and the media on current enforcement initiatives, SADD chapters can be a part of a successful prevention strategy. This campaign supports the National Highway Traffic and Safety Administration's nationwide "You Drink & Drive - You Lose" initiative.

250 SADD chapters across the nation have already signed on to be a part of this exciting campaign.

For questions regarding this campaign, please contact Lindsay Jean Casavant at ljcasavant@sadd.com or by phone at 877-SADD-INC.

The SADD Mobilizes Kit consists of:

- Campaign Instructions
- Law Enforcement Handout
- Deck of Cards
- Useful Tools Packet
- Flier Template
- Backgrounder Brochure
- Evaluation Form
- Stationery
- Poster

Chapters can also go to www.saddonline.com to get copies of the materials in the SADD Mobilizes Kit.

From The Director



Michelle Voth
Executive Director,
Kansas Family Partnership

As I sit down to write this message, I am compelled to ask "What are you doing to increase the perception that drugs are harmful?" We all try our best to educate our children, our students, our clients and our community members through awareness programs, educational workshops, conferences and drug-free activities. These strategies are all needed and useful. But is that all we can do?

Today I was bombarded with not one, but two examples of how the media is working against us in this effort.

On April 1, 2004, ABC's Prime Time Live offered a program "Ecstasy Rising" which was narrated by Peter Jennings. In my opinion and in the eyes of the numerous people nationwide that I received emails from, the program presented a very one-sided report about the health effects. It left the audience with the message that Ecstasy is generally safe and that the government has totally exaggerated its harmful effects. Congressman Mark Souter was outraged by the program and sent out a press release about the irresponsible comments made on the show.

Another email I received today informed me that the latest Scooby-Doo movie, "Scooby-Doo 2 - Monsters Unleashed" has a scene with Shaggy huffing nitrous oxide from a whipped cream can for "fun". One Mom emailed the National Inhalants & Poisons Center indicating that she had seen a movie trailer on a Saturday morning during a cartoon TV show that showed Shaggy huffing.

We can read of these examples with horror and be upset. But what else can and must we do? The silent majority of parents and people who work throughout the nation to reduce illegal substance use must become more active, visible and vocal! If you saw the ABC show on Ecstasy and agree that it was an unbalanced and irresponsible piece of reporting, express your opinion by:

Calling: Peter Jennings's office at (212) 456-4025 or ABC at (818) 460-7477
Write: ABC at 47 West 66th Street, 5th Floor, New York, NY 10023
Fax: ABC at (212) 456-4857
Email: ABC at <http://abcnews.go.com/service/help/abcontact.htm>

If you would like to see the trailer on the Scooby-Doo movie for yourself go to www.kansasfamily.com/Linkto/scooby.html

Kansas Family Partnership receives information such as the above on at least a weekly if not daily basis. Let us know what you are doing and what KFP can do to help you become a more engaged and effective advocate. Please email your suggestions to me at mhvoth@kansasfamily.com.

To make a difference we need **ADVOCACY** not **APATHY!**

National Award Goes to Kansan

By Maria Torrez Anderson
Kansas Red Ribbon State Coordinator

The National Family Partnership, a leading organization supporting America's families and communities in nurturing the full potential of healthy, drug-free youth announced that Teresa Walters who has served as the executive director of Emporians for Drug Awareness, Inc. since 1998 had been selected as one of the recipients to receive the 2003 KIKI CAMARENA Honorable Mention Award in recognition for being a leader in the field of drug prevention in the state of Kansas.

The Kiki Camarena Award recognizes and honors one person each year that has made a significant contribution in the field of drug prevention especially by utilizing the Red Ribbon Campaign to mobilize citizens and communities. This year however nominations were all so outstanding that two Honorable Mention Awards were added.

One was awarded to Teresa. It was to be presented at the Community Anti-Drug Coalition Conference, in Washington, D.C. in January. However Teresa was not able to attend. The award was then sent to Michelle Voth, executive director of Kansas Family Partnership, who had nominated Teresa. By sending the award to Michelle she would be able to personally present the award to Teresa with her friends in attendance at KFP's annual Red Ribbon Recognition Awards Luncheon, in Topeka, in early February.

According to Michelle, "Teresa exemplifies the spirit of this award that one person truly can make a difference. I have personally known Teresa since 1990 when we were both volunteers in drug prevention in Kansas. She has made an enormous impact on our state with her kindness,

tenacity and dedication to reducing drug use."

Highlights of Teresa's accomplishments include:

- Acquiring the first Drug-Free Communities Grant in the state of Kansas
- A strong advocate for the Keg Registration Bill in Kansas and was instrumental in successfully passing it at the local level, Lyon County, and among seven surrounding Kansas counties
- Collaborated with Senator Jim Barnett to successfully get the Keg Registration Bill adopted statewide, July 1, 2002
- Again collaborated with Senator Barnett and Dennis & Linda Beaver to get "Casey's Law" passed by the Kansas Legislature on July 1, 2003. The law was named in memory of their son. This law has strengthened the statewide DUI laws against repeat offenders
- Has educated numerous individuals, along with Senator Barnett, throughout Kansas about Fetal Alcohol Syndrome and its relationship to mental retardation in children
- Applied and has received funds to establish the first and only Fetal Alcohol Syndrome Diagnostic Clinic in Emporia, KS with Teresa being appointed as its first executive director
- Presenter for numerous workshops on Fetal Alcohol Syndrome
- Past president of Kansas Coalition to Prevent Fetal Alcohol Syndrome
- Initiated P.R.O.U.D. (Public Officials Opposed to Underage Drinking)

- Obtained a grant from Kansas Department of Transportation, "Enforcing the Underage Drinking Laws"
- Co-chaired Kansas Leadership to Keep Children Alcohol Free
- Under her leadership Emporians for Drug Awareness have annually sponsored the Red Ribbon Cam-



Pete Bodyk - Kansas Department of Transportation, Teresa Walters - Emporians For Drug Awareness and Michelle Voth - Kansas Family Partnership attended the Kansas Senate recognition of Teresa's accomplishments.

paign, a New Year's Eve Party for Teens, Safe Homes Pledge, Spring County Attorney Letter to Parents, A Keep it a Safe Summer Family Event

- Past chair of the Red Ribbon State Planning Committee and currently sits on the committee

Maria Torrez Anderson, Red Ribbon state coordinator added, "Many are not aware of the numerous projects, grants and workshops Teresa has written, directed, organized and implemented. It is overwhelming to see all she has accomplished for the state and in her community. She continues to motivate and take an active role in drug education and prevention. She has achieved numerous "firsts" and is an inspiration to us all. I feel truly honored to know and work with Teresa."

Teresa was also recently honored on March 3, 2004 in the Kansas Senate.

New Resources Available

The RADAR Distribution Center is a free service to any Kansan who would like to borrow videos or need materials relating to alcohol, tobacco and other drug (ATOD) use. Orders can be placed 8 to 5, Monday through Thursday and 8 to 4:30 on Friday by calling 1-800-206-7231. However, orders for materials can also be placed on-line at www.kansasfamily.com. Most RADAR orders are filled and shipped on Tuesday and Thursday mornings. When ordering materials or borrowing videos, please keep the shipping schedule in mind when you call.



Get Connected! Linking Older Adults with Medication, Alcohol and Mental Health Resources

This new science-based toolkit contains materials to help providers in aging services better cope with issues related to medications, alcohol and emotional problems among older people, and learn how to deal effectively with these issues. The three-part Special Program offers the tools to understand and hands-on experience to develop a program of staff and consumer education, screening and referral. (Available for check-out only)

Your Time-Their Future, Get Involved

This small brochure challenges adults to get involved in children's lives by explaining the importance of "Communication", "Achievement", "Belonging", "Critical Thinking" and "Modeling". It also gives contact information for the Center For Substance Abuse Prevention (CSAP).

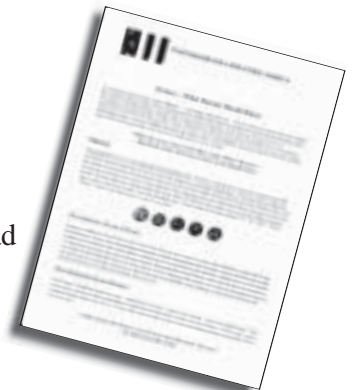


Early Action Against Teen Drug Use

This 80 page high school educator's guide was developed by The New York Times Newspaper with sponsorship from the Office of National Drug Control Policy. The goal of these lessons is to motivate teenagers to be effective communicators to their own peers on the subject of avoiding drug and alcohol use.

Ecstasy - What Parents Should Know

This two page fact sheet developed by the Partnership for a Drug-Free America, explains to parents what Ecstasy is, how dangerous the use of it is, how widespread its use, the warning signs of use and what parents should do if they suspect use.



New Videos Available

Disease of Alcoholism Update (38 Minutes, English or Spanish)

Alcohol leads the list of today's most abused drugs. Dr. David Ohlms clearly describes alcoholism as a chronic, progressive, incurable disease characterized by a train of signs and symptoms. He also shares startling and convincing information on physiological aspects of alcohol addiction, fetal alcohol syndrome and the effects alcoholism has on the family.

IMPACT: Driving Drunk, Driving High (24 Minutes, Spanish)

Hosted by Steve Hanusa, this hard-hitting video clearly illustrates the impact driving under the influence of alcohol or other drugs has on our society. It addresses the effects of alcohol and prescription drugs on a driver's judgment and motor skills, and, through candid interviews, conveys the unending trauma caused to the families of crash victims.

In The Know - Prescription Drugs (15 Minutes)

This video, targeting middle and high school kids, shows the viewer the traumatic damage that unauthorized use of pharmaceutical drugs can do to their social functioning and physical and mental health. Drug groups discussed are tranquilizers (barbiturates & benzodiazepines), stimulants (amphetamines) and opioid painkillers (Vicodin and OxyContin).

Marijuana (30 Minutes, Spanish)

Delbert Boone discusses a common misconception that marijuana use is not harmful as "hard drugs". The truth is that marijuana is as addictive as those drugs, causes physical and psychological damage, and can lead to use of other drugs, criminal activity, incarceration and even death. Although targeted to inmates, the program is relevant to anyone using.

OxyContin and Other Prescription Drugs: Killing The Pain (Closed Captioned, 30 Minutes)

Whether prescribed by a physician or purchased on the street, painkilling drugs including OxyContin, can be extremely effective in eliminating physical, emotional, and psychological distress. They can also be exceedingly addictive. In this video, individuals who have overcome addiction to pain-killers talk about how they got clean.

Prescription Drug Addiction (33 Minutes)

According to David Ohlms M.D., prescription medication misuse, abuse and addiction is a growing problem in the U.S. with over 4.8 million Americans age 12 and over using prescription medications for non-medical purposes. Dr. Ohlms outlines the behavioral symptoms of prescription drug abuse and addiction, including tolerance, withdrawal and rebound.

The Teen Files: The Truth About Drugs (30 Minutes, Spanish)

This video explores the lives of several young people who have been forever changed by drug use, showing the immediate consequences of illegal drugs. It illustrates in vivid detail how easily a life can be destroyed after one use. The effects of heroin, cocaine, Ecstasy and other drugs are discussed, as well as techniques to turn away from drug-related situations.

The Teen Files: The Truth About Drinking (30 Minutes, Spanish)

This video explores the many physical, emotional and social dangers associated with drinking. Real teenagers see the first-hand effects of alcohol, including loss of coordination, vision impairment, damage to the brain and other organs, and the lowered ability to make safe choices. Comprehensive Teacher's Lesson Plan available with video.

Beat Addiction: Choose the Right Path (30 Minutes)

This video is an addiction prevention awareness video for youth. Some addictions covered are underage gambling, alcohol, drugs and tobacco use. After the video is shown, it shows how the video was made in Jefferson City, MO.

Community Calendar

May 4, 2004 - SYNAR Training/Wichita, KS. Contact: Kim Neufeld at kneufeld@rpcwichita.org or 316-262-2421 for more information.

May 4, 2004 - SYNAR Training/Olathe, KS. Call Nancy Keller at 913-715-7883 for more information.

May 6, 2004 - SPICEline Senior Adult Training/Hutchinson, KS. Email bsalvati@mirrorinc.org or call Brenda Salvati at 316-283-6743 for more information.

May 6, 2004 - SYNAR Training/Paola, KS. Call Nancy Keller at 913-715-7883 for more information.

May 12-13, 2004 - Kansas Baseline Training/Hutchinson, KS. Email bsalvati@mirrorinc.org or call Brenda Salvati at 316-283-6743 for more information.

May 13, 2004 - Helping Clergy Identify Substance Abuse and Ways To Address It/Contact: Kim Neufeld at kneufeld@rpcwichita.org or 316-262-2421 for more information.

May 18, 2004 - SYNAR Training/Leavenworth, KS. Call Nancy Keller at 913-715-7883 for more information.

May 20, 2004 - SYNAR Training/Lyons, KS. Email Jessica Lucas jlucas@mirrorinc.org or Brenda Salvati bsalvati@mirrorinc.org or call at 316-283-6743 for more information.

May 25, 2004 - SPICEline Senior Adult Training/Wellington, KS. Email bsalvati@mirrorinc.org or call Brenda Salvati at 316-283-6743 for more information.

June 3, 2004 - SYNAR Training/Wellington, KS. Email Jessica Lucas jlucas@mirrorinc.org or Brenda Salvati bsalvati@mirrorinc.org or call at 316-283-6743 for more information.

June 10-11, 2004 - Kansas Baseline Training/Girard, KS. Contact Jenni Diskin at 620-724-6281 or jenni.diskin@greenbush.org for more information.

September 20-22, 2004 - Kansas Youth Leadership Summit/ Junction City, KS. Call Maria Torrez Anderson at KFP, 1-800-206-7231 for more information.

September 24, 2004 - Family Day/Nationwide. Go to www.casafamilyday.org or call KFP at 1-800-206-7231 for more information.

October 23-31, 2004 - Red Ribbon Week/Nationwide. Go to www.kansasfamily.com or call KFP at 1-800-206-7231 for more information.

Community Calendar On-line

For a complete listing of all current events, go to www.kansasfamily.com.

SRS/Addiction And Prevention Services Provides funding for Kansas Family Partnership activities.



Kansas Family Partnership is a member of Community Anti-Drug Coalitions of America.



Kansas Family Partnership is a member of National Family Partnership.



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