

[DATE]

Hon.

[TITLE]

[ADDRESS]

[CITY, STATE ZIP]

Dear [TITLE] [LAST NAME]:

In 2008, the President, all 50 Governors and the Mayors and Executives of more than 800 cities and counties across the nation proclaimed and supported *Family Day – A Day to Eat Dinner with Your Children*<sup>™</sup>. I hope you will join the growing list of your colleagues who commemorate this special day by issuing a proclamation designating the fourth Monday of every September *Family Day – A Day to Eat Dinner with Your Children*<sup>™</sup>. *Family Day* will be celebrated on September 28, 2009.

The National Center on Addiction and Substance Abuse (CASA) at Columbia University launched *Family Day* in 2001 after its research consistently found that the more often kids eat dinner with their parents, the less likely they are to smoke, drink or use illegal drugs. *Family Day* is gaining significant momentum. Last year, scores of families, schools, community groups and faith-based organizations also celebrated *Family Day* across the country.

In addition to issuing a proclamation, I hope you will consider conducting *Family Day* events and celebrations in [CITY/COUNTY] or attending our *Family Day* event [INSERT INFORMATION HERE].

There are many other ways to celebrate *Family Day* including encouraging residents to visit <http://www.kansasfamily.com/GetInvolved-FamilyDay.cfm> to obtain *Family Day* materials. In the past, a city placed ads in local newspapers, distributed 50,000 promotional *Family Day* postcards to public school children, encouraged 58 local restaurants to offer *Family Day* discounts and held “family time” at their local beach.

A sample proclamation is enclosed for your reference. Please send a copy of your proclamation to *Family Day*, attention: Keri Renner, 5942 SW 29<sup>th</sup> Street, Topeka, Kansas 66614.

For more information about *Family Day* or if you have any questions, please contact Keri Renner, chair of Kansas *Family Day*, at (800) 206-7231 or <mailto:krenner@kansasfamily.com>, or visit <http://www.kansasfamily.com/GetInvolved-FamilyDay.cfm>.

Sincerely,

[YOUR NAME]

Enclosure